



August 2022

The Wells Ogunquit Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*Member Birthdays</p> 	<p>1 * Sherry Allan Bucar * Elayne Star</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-4pm Art Classes w/Suzie Donation- \$15 1-3pm Learn how to play "45's" w/Jerry</p>	<p>2 * Mariea Neville * Paula Singer</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 4-5:30pm Game Night!!</p>	<p>3 * Margaret Carlin</p> <p>9am Yoga 9:45am Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 6pm BINGO!</p>	<p>4 * Jacqueline Millett * Marie Szykniej</p> <p>10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>5</p> <p>9am Yoga 9-12:30pm Pinochle 1-3pm Audiologists, Drs. Matthew and Samantha Lewandowski. Sign up required- 12-3 Mah Jongg</p>	<p>6 * Susan Kanak * Michael Midura * Nancy Mulcahy</p> <p>8-10am—Pancake Breakfast All you can eat pancakes sausage, OJ and coffee (Donation \$8)</p>
7	<p>8 * Rita Sevigny</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-4pm Art Classes w/Suzie Donation- \$15 1-3pm Learn how to play "45's" w/Jerry</p>	<p>9 * Diane Boucher</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 4-5:30pm Game Night!!</p>	<p>10 * Nancy Armstron * Maureen Maillet</p> <p>9am Yoga 9:45am Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 6pm BINGO!</p>	<p>11 Full Moon</p> <p>10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>12</p> <p>9am Yoga 12pm-1pm Dr. Michael Morwood—Ortho Surgeon from Atlantic Orthopedics, along w/a PT to answer any questions you may have. Sign up required. 9-12:30pm Pinochle 12-3 Mah Jongg</p>	<p>13</p> <p>8-10am—Pancake Breakfast All you can eat pancakes sausage, OJ and coffee (Donation \$8)</p>
<p>14 * John Dorazio * William Gaffney * Patricia Howlin * Joanne McClellan</p>	<p>15 * Walter Deskus * Theresa Gobeil</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-4pm Art Classes w/Suzie Donation- \$15 1-3pm Learn how to play "45's" w/Jerry</p>	<p>16 * Marie Hastie * Bonita Kershaw</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 4-5:30pm Game Night!!</p>	<p>17 * Barbara Wefer</p> <p>9am Yoga 9:45am Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 6pm BINGO!</p>	<p>18 * Doris Morgridge * Mary Rose</p> <p>10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p> <p>4-5:30pm Board of Directors</p>	<p>19</p> <p>9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg</p> <p>3:30-5pm 100 Club</p>	<p>20</p> <p>8-10am—Pancake Breakfast All you can eat pancakes -sausage, OJ and coffee (Donation \$8)</p>
<p>21 * Kathleen Berger * Dorothy Mabley * Larry Mann</p>	<p>22 * Ruth Bland</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-4pm Art Classes w/Suzie Donation- \$15 1-3pm Learn how to play "45's" w/Jerry</p>	<p>23 * Charlotte Erickson * Alice Hritz * Judy Ross</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 4-5:30pm Game Night!!</p>	<p>24 * Carole Culhane * Roger Gobeil</p> <p>9am Yoga 9:45am Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 6pm BINGO!</p>	<p>25</p> <p>10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>26 * Kathleen Pliska</p> <p>9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg</p>	<p>27 * Rose Morrow</p> <p>8-10am—Pancake Breakfast All you can eat pancakes sausage, OJ and coffee (Donation \$8)</p>
<p>28 * Wendy Ferns</p>	<p>29</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Book Club— Little Men 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-4pm Art Classes w/Suzie Donation- \$15 1-3pm Learn how to play "45's" w/Jerry</p>	<p>30</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 4-5:30pm Game Night!!</p>	<p>31 * Linda Peterson</p> <p>9am Yoga 9:45am Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 6pm BINGO!</p>			<p>Don't forget to pick up a Clynk bag during your visit here at the Senior Center.</p>