

Board of Directors:

Chairperson: Kathy Chase

Vice Chairperson:

Ray Farnham

Financial Admin:

Stephanie Bennett

Secretary: Pat Vo

Directors at Large:

Kathy Chase (23)

Greg Cuzzi (23)

Ray Farnham (24)

George Hersom (22)

Ann Lamberti (23)

Lorraine Moulton (24)

Jennifer Sylvester (23)

Sue Terwilliger (22)

Judy Vincent (24)

Director:

Rita J. Sevigny

Administrative Assistant:

Cathy Gavin

Office Assistant:

Lorraine Moulton

Welcome Desk Volunteers:

Taryn Allen

Bonnie Guptill

Doris Morgridge

Lorraine Moulton

Office and Lounge Open

Mon-Fri 9:00 AM – 4:00 PM

Membership:

\$35 Single / \$70 Couple

**Beautiful Function Hall
available for rent**

www.wocam.org

Have an idea for an Article?

Contact Rita Sevigny



Meet Judy Vincent:

Hi, my name is Judy Vincent and I am very excited to be a member of the Board of Directors of the Wells Ogunquit Senior Center. From the day I joined I knew it was a special place with wonderful, energetic and caring people. I have been a Realtor/Interior Designer for over 21 years serving NH and ME. Currently, I am working for Berkshire Hathaway Home Services Verani Realty in Kennebunk.

My parents were from Waterville, ME and I spent my summers in So. Freeport. My husband and I built a home on Paris Hill in Paris, ME, where I taught school and ultimately served on the School Board of SAD17. Then, my husband's job took us to NH where I opened my own Real Estate firm. I was a Rotarian with Nashua Rotary West where I served as Director on the Board.

I found my way back to Maine once again and summered in Wells for nine years. Now, I am a permanent resident at The Forest and I am the President of the Forest Condo Association Board.

I am a widow and have two married children, Christopher and his wife, Joanne, who live in Newton, NH, and my daughter, Jennifer, her husband, Rob, their two daughters, Zoe and Ashley, along with their golden-doodle, Derby, live in Greenland, NH.

I love to read and travel.
I hope to meet each and every one of you!
Judy Vincent

Blueberry Fair Basket Raffle

Tickets for Sale

\$5 each or 3 for \$10

See Lorraine for your
winning ticket

Drawing at Noon on July 31st



**WELLS OGUNQUIT SENIOR CENTER
BLUEBERRY FAIR
Saturday July 31 9am- Noon**

Blueberry Blueberry Blueberry

**PIES SELL FAST! ORDER YOURS TODAY!
PICK UP FAIR MORNING!!
CALL 207-646-7775 to Order YOUR Pie!**

Blueberry Themed CRAFTS & Homemade Items
Limited Tables available for rent 207-646-7775

Thank you to all the volunteers for Bingo, pancake breakfast, exercise, Newsletter, Tea social, Fashion Show, Yard Sale, Fairs, bakers, receptionist, etc.

It takes many hands and you haven't gone unnoticed— Rita Sevigny, Director

"We often take for granted the very things that most deserve our gratitude." – Cynthia Ozick

BABY BOOMER'S BLOG

What a great day to get out and explore. Maine's nickname is Vacationland. Where do you vacation when taking just a day trip? Maine has so much to offer!

I found these eight places to explore in Maine. I plan on trying to get to several of them this summer. I will let you know which ones are worth a second look.

I plan of giving each one a rating of 1 to 5 stars!

The Botanical Gardens:

The Botanical Gardens located in Boothbay, ME. The mission of Coastal Maine Botanical Gardens is to inspire meaningful connections among people, plants and nature through horticulture, education and research. Cost: Adults - \$22..Seniors - \$18

Coastal Encounters:

Coastal Encounters is a local Wells business that will create unique hands on excursion right here in Wells, Kennebunk and Ogunquit. Peek under rocks; identify plants and animals up close and personal.

Marginal Way in Ogunquit:

The Marginal Way has ocean views, plenty of benches and it's free! This cliff walk is just over 1 mile long.

Ogunquit Museum of American Art :

This museum showcases modern and contemporary art with exhibits that are both permanent and rotating. Check out the website to see who is featured. Yoga will be offered, among other modalities this summer! Janine is teaching Yoga on four Friday mornings outside on the lawn! Admission is Adults - \$12..... Seniors - \$10

Goose Rocks Beach:

Goose Rocks Beach is a three mile white sandy beach. This beach is rarely crowded and often you find people hunting for sand dollars.

Pick one and start exploring our own vacation land!

Janine Robichaud from Soulful Pathways

J9yogapractice@gmail.com

With over twelve years experience of studying many alternative modalities in order to empower and inspire you, Janine will put you on a path to wellness, happiness and daily peace by offering yoga, qigong and meditation bringing you to a place of an open heart and soul.

Janine teaches daily on Zoom. Yoga Classes at the Senior Center -

Monday morning 9am

Wednesday mornings 9am Hatha Yoga– 9:45am Chair Yoga



Volunteer Opportunities:

**Bakers needed for Blueberry Fair
July 31st ~drop off baked items on
Friday afternoon or
Saturday morning**



New Members to our Center

Please Welcome:

Diane Boucher

Linda Brooks

Margaret & Rene Desjardins
Beverly & Raymond Dufresne

Cecilia Finlay

Richie & Marcy Mignosa

Jack Newell

Catherine O'Conner

Jan Peterson

Kathy Peterson

Charlie Roman

Gorham Rowell

Carol Staff

Artist Take Note:

The Wells/Ogunquit Center at Moody (Senior Center) is offering the opportunity to area artists to display their artwork as follows: 2 artists per month to display up to 10 paintings (each) for a 2 month period (min) and 4 month (max per 12 month period) Oct/Nov Dec/Jan Feb/Mar Apr/May Jun/Jul Aug/Sep
\$25 per month per artist -
10% commission on sales.
Please contact Lisa Roderick -
lwroderick@gmail (207) 646-2926

MISSION STATEMENT:

To promote the well-being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

Just a Friendly Reminder...

Please check your address label under your name on the mail panel of this Newsletter. If your expiration date has expired the date will be highlighted. Anyone at the Welcome Desk will happily help you renew your membership. Also, if you have a **change of address, tel. # or**

email, please let us know.

Thank you!