








December 2022

The Wells Ogunquit Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>“Welcome, December. New month, new chapter, new page & new wishes. May the month give you courage, strength, confidence, patience, and peace. May every day in December be filled with hope, love, sunshine, and energy. Let there be joy, fun, and laughter.” — unknown</p>			<p>1 *Maria Trodella 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>2 *Maryann Lavenia 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg</p>	<p>3 *Mary Ellen Peabody Christmas Fair Crafts and goodies 10am-2pm 13 Craft vendors </p>
<p>4 *Helen Raynor 9:30am—Non denomination Church service “Shores Church”</p>	<p>5 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play “45’s” w/Jerry</p>	<p>6 *Linda Blanch *Kathleen Chicoine 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm last class for this year Art class with Suzi- \$15 4-5:30pm Game Night 5-7pm–Billy’s Christmas Dinner Fundraiser</p>	<p>7  8:30am meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p>8 *Anne Tanguay 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>9 *Kathy Fleming 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg</p>	<p>10</p>
<p>11 *Shirley Polinger 9:30am—Non denomination Church service “Shores Church”</p>	<p>12 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 12-4pm Hooking group in game room 1-2:30pm Beginner Line dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play “45’s” w/Jerry</p>	<p>13 *Kathleen Southwell 9-10 am Exercise 11:30-1pm Avita Christmas Meal – limit 80 \$10 members/\$15 Non-Members – sign-up 1:30pm Yankee Swap -\$15 max – sign-up Winner of Gag gift gets extra – join in the fun!!! 12-3pm Friendly Rubber Bridge</p>	<p>14 *Pamela Arnold 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p>15 *Francis Roche 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members) 4-5:30 Board of Directors Meeting</p>	<p>16 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg 3:30–5pm 100 Club, Pot Luck – sign-up required 8 door prizes with being present to win door prize!!</p>	<p>17</p>
<p>18 *Marilyn Darling 9:30am—Non denomination Church service “Shores Church”</p>	<p>19 *Gerald Stone 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Book Club reviewing “Silas Marner” 12-4pm Hooking group in game room 1-2:30pm Beginner Line dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play “45’s” w/Jerry</p>	<p>20 *Cheryl Link 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1:30pm Spirit of Broadway singing Christmas songs with Cookies and Egg Nog or wine –donation \$5, sign-up required 4-5:30pm Game Night</p>	<p>21 First Day of Winter 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p>22 *Joan Gaffney 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>23 *Bob Howard 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg</p>	<p>24 *Sandra Downey *Susan Jones *Peter Kahn</p>
<p>25 *Carol Forni *Carol McGee </p>	<p>26 Senior Center Closed </p>	<p>27 *George Blum *Janet Pardus 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 4-5:30pm Game Night</p>	<p>28 *Priscilla Braverman *Mary Kathleen Foley 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p>29 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p>30 *Gigi Pelletier *William Chicoine 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg 5-9pm Trailblazer New Year’s Celebration</p>	<p>31 *Jerry Gostanian *Judy Vincent </p>