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Wells, ME 04090**

Phone: **207-646-7775**
Email: wocam2016@gmail.com
www.WellsOgunquitSeniorCenter.org

 FB Wells Ogunquit Senior Center

February 2020 WOCAM Newsletter Volume 19, Issue 2

DAYS OF WARMING

Upcoming Events February

**Bridge Classes with Bob Howard, Life Master
Thursday's 9:30-12:00, \$3.00 per class**

- Beginner's Bridge
- Intermediate Bridge
- Most Common Bridge Conventions
- Classes tailored to student's wishes

**QiGong Workshop with Janine Robichaud
Wednesday, February 5th, 6:00-7:00**

**Friday, Fun Day – Pokeno
February 7th, 1:00-3:00**

**Friday, Fun Day – Left, Right, Center
February 14th, 1:00-3:00**

**Friday Fund Day – Movie: Judy
February 21st, 1:00-3:00**

**International Dinner – India
Saturday, February 29th, 5:00-7:00**

Visit the new Wells Ogunquit Senior Center website at
www.WellsOgunquitSeniorCenter.org
Please visit and like the new
Wells Ogunquit Senior Center Facebook page.



Drowned Valley Band, January 18th Warming Day

The Warming Days that occur the first Saturday of January through late March are one of the most special events that we have at the Wells Ogunquit Senior Center. It is so heartwarming to have the communities of Ogunquit & Wells support the Center in such a generous and special way.

The Center opens at 9:30 for games and socializing, entertainment starts at 11:00 and lunch at noon. We have many members who attend each Warming Day. For some of our members, Saturday is the only day that they can get to the

Center as they are able to get transportation from a family member or volunteer who are available on the weekends.

We are so fortunate that this year we have three more Warming Days than in previous years. We have a few new groups and entertainers who are volunteering to this year's line-up. We're so thankful for all of the groups, business and organizations who make our Warming Days possible.



Wells Fire Department, January 18th Warming Day luncheon hosts



Cedar Mountain Bluegrass Band, January 25th Warming Day



Town of Wells Volunteers, February 25th Warming Day luncheon hosts

MISSION STATEMENT: To promote the well being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

Board Of Directors

Chairperson: Kathy Chase
 Vice Chairperson: Ray Farnham
 Financial Admin: Stephanie Bennett
 Treasurer: June Messier
 Secretary: Jean Beattie

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Jean Beattie (22)
 George Hersom (22)
 Stephanie Bennett (21)
 Ray Farnham (21)
 Lorraine Moulton (21)
 Kathy Chase (20)
 Ann Lamberti (20)

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Center Director

Kendra Fowler

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Doris Hanlon
 June Messier
 Lorraine Moulton

Newsletter Graphic Designer

Virginia Souza

Welcome Desk Volunteers

Taryn Allen, Bonnie Guptill
 Doris Morgridge

Office and Lounge Open

Hours: Mon-Fri 9AM-4PM

Membership:
 \$30 Single /\$50 Couple

**Beautiful Function Hall
 available for Rent**

www.wocam.org

Idea for an Article?

Contact;Kendra Fowler

Masthead art ©
 by Virginia Souza

Upcoming Warming Days

- 2/1/20 Host: Wells Police Department
 Entertainment: Shades of Grass Band Menu: Lasagna, Salad, Dessert
- 2/8/20 Host: Ogunquit Rotary
 Entertainment: Bob Bailey Menu: Meatloaf Dinner, Dessert
- 2/15/20 Host: Peoples Choice Credit Union, catered by R&R Bistro
 Entertainment: Suzanne Menard -- **NEW**
 Menu: Soup, tortellini salad, sliders, dessert
 Raffle prizes provided by R&R Bistro
- 2/22/20 Hosts: Wells Family Practice
 Entertainment: David Hollis, Song Stylist Menu: Italian
- 2/29/20 Hosts: Peoples United Bank
 Entertainment: Ray Calabro Menu to follow
- 3/7/20 Hosts: Wells Rotary Club – **NEW**
 Entertainment: Keith Fletcher, wicked Violin
 Menu: Pot Roast, mashed potatoes, veggies, bread pudding
- 3/14/20 Hosts: For the Love of Food & Drink – **NEW**
 Entertainment: Sponsored by For the Love of Food & Drink -- **NEW**
 Menu: Irish Inspired
- 3/21/20 Hosts: Congdon's
 Entertainment: Howie Newman -- **NEW**
 Menu: Chowder, Rolls, Strawberry Shortcake

Message from the Board of Directors

Greetings to all!

The WOCAM Board of Directors has voted in the new 2020 budget for our Center at our January 2020 Board of Directors Meeting. It is posted on the hallway bulletin board and if anyone wants a copy, please see the office or email kathydhchase@hotmail.com and I will send you a copy by email. Thank you to board members Ray Farnham (Vice Chair), Stephanie Bennett (Financial Administrator) and Jean Beattie (Secretary) who worked with me to complete the budget process, and Bob Robinson and Kendra Fowler for providing needed information.

Our budget -as any budget should be a financial guideline for future spending and income based on past actual spending and projected growth and needs. We have expanded programs for the coming year to reflect our increase in membership (Wells Ogunquit Senior Center has added 114 new members in 2019) and broader interests. We also addressed the cost of a new front door and set aside funding for investments. Kendra has been the leader in providing ideas that not only support member interest but add the funding to support the new programs. It will be a growing budget to address a growing membership, future financial security and building repairs.

The voted annual budget is also a needed document for our USDA mortgage loan, a tool for applying for grants and any other financial related reports that we must have in our corporate operations.

Our annual financial end of the 2019 year report from our accountants (RHR Smith) showed an excellent financial position for our mother corporation -The Senior Needs Committee of Wells and Ogunquit, our legal non-profit name and the Board of Directors salutes all our



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FEBRUARY

- 2/6 Lee & Bill Boudrot
- 2/11 Grace & Gary Littlefield
- 2/12 Carol & Victor Varano
- 2/14 Muriel & Jordan Freedman
- 2/19 Emile & Paul Elchelroth
- 2/24 Eleni & Ernest Paras

**Welcome to our
 New Members**

- Candy & Greg Cuzzi
- Jodie & Vito Digianni
- Donna Freni
- Merle and Marc Gold
- Mary Lehane
- Marlene Mavoy
- Carla Mueller
- Tamela & Joseph Nabozny
- Mary Rose

~ FEBRUARY 14TH ~

TO ALL OUR MEMBERS!

<p>Bibber Memorial Chapel 67 SUMMER STREET KENNEDUSK, ME 04043 207-985-2752 111 CHAPEL ROAD WELLS, ME 04090 207-646-6133 LAING-BIBBER FUNERAL CHAPEL 36 ROCHESTER STREET, BERWICK, ME 03901 207-698-1105</p>	<p>220 Clay Hill Rd., Cape Neddick, ME 207-361-2272</p> <p><i>Welcome Seniors!</i></p> <p>Present this coupon to receive 20% off your food with a 5:30 reservation.</p>
<p>Convenient, high-caliber health care close to home (207-646-5211) 112 & 114 Sanford Rd. Rt.109 Wells, ME 04090 For directions, visit www.yorkhospital.com/wells</p> <p>York Hospital in Wells</p> <p>Emergency & Walk-in Care 8am-8pm 7 days a week</p> <p>Building A Wells Emergency & Walk-in care Walk in Laboratory CT Scan & Imaging Cardiology • Oncology Family Practice Orthopedic Associates</p> <p>Building B Physical Therapy • Wound Care Breast Care/Mammography Pediatrics • Surgery Associates</p>	<p>We have a wonderful line-up of shows for you this year at</p> <p><i>John Lane's</i> OGUNQUIT PLAYHOUSE</p> <p>(207)646-5511 www.OgunquitPlayhouse.org</p>



FEBRUARY

- | | |
|-----------------------|----------------------|
| 2/2 Chuck Anderson | 2/15 Carol Stiver |
| 2/2 William Bourque | 2/15 Helen Wood |
| 2/2 Jim Neville | 2/16 Candy Cuzzi |
| 2/3 Frank Ranta | 2/16 Denise Daigle |
| 2/4 Patti Allen | 2/21 Pat Gallant |
| 2/5 Barbara Wood | 2/21 Pam Wolfgang |
| 2/6 Pat Patry | 2/21 George Hassard |
| 2/6 Chuck Anderson | 2/22 Jeanne Wolfson |
| 2/7 Ralph Minichiello | 2/23 Paul Weiner |
| 2/8 Diane Johnson | 2/24 Ernest Paras |
| 2/9 Jacqui Grant | 2/24 David Barton |
| 2/10 Cal Conniff | 2/24 Glenn Ramsdell |
| 2/12 Victor Varano | 2/25 Richard Johnson |
| 2/13 Ryna Lipkind | 2/27 Deb Swallow |
| 2/14 Brenda McDermott | 2/28 Colleen Hanson |

FEBRUARY IS
Cooking
with
Love

The Wells Ogunquit
Center at Moody
Senior Center



A "must have" cookbook for your collection. The book is filled with over 175 favorite recipes of Center Members.

You can purchase the book at the Welcome Desk.

All of us at our very active center should look forward to another successful, eventful and fun-loving year of friends and good times at 300 Post Road in Wells, Maine!

Please address any budget questions to Ray Farnham or Kathy Chase.

Join us at our next Board meeting on Thursday February 20th at 4 pm at center.

WOCAM Board of Directors

Kathy Chase (chair), Ray Farnham (vice chair), Jean Beattie (secretary), Stephanie Bennett (financial administrator), Lorraine Moulton, George Hersom & Anne Lamberti
207-468-9747, kathydhchase@hotmail.com

Message from Kendra Fowler, Center Director

Am I the only one who has a case of spring fever? Along with spring fever, I have been hit with a travel bug. The fever and bug have motivated me to start working on trips for the Center for this year.

Here are some of the ideas I'm working on for one-day trips

- Boston or Portland Flower Show
- Beauport Princess Lobster Cruise out of Gloucester, MA followed with a Hammond Castle tour
- Whale Watch out of Rye, NH and meal at Warren's
- Maine Botanical Gardens (summer trip) with lunch possibly at Taste of Maine Restaurant
- Plymouth Plantation
- Lunch at Pickity Place in Mason, NH with a stop at Frye Measure Mill and the Currier Museum

I'm looking into a couple of two-day or three-day New England trips –

- Berkshire Mountains with a visit to Norman Rockwell Museum and overnight stay in Stockbridge
- Sail & Rail Trip in New Hampshire's White Mountains with overnight stay at the White Mountain Hotel & Resort

I am also working on a trip to the fun city of Nashville – this multi-day/night deluxe motor coach trip will pick us up in Wells. We will travel in comfort and make fun stops on the way back and forth to Nashville. During our stay in Nashville we will tour famous landmarks and attractions and see a few shows. It'll be a fun time for sure. Does that sound like something you'd be interested in?

Please let me know if you have any suggestions for trips. I want to offer adventures that are of most interest to all of you.
Kendra Fowler

Chase & Hamlyn
Gravel
Wells, ME

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Special Upcoming Events in February

Thursday, February 6th – 6:00-7:00 – QiGong Workshop with Janine Robichaud QiGong (pronounced chee-gong) is an ancient Chinese exercise and healing technique that involves meditation, controlled breathing and movement exercises. ... Qi is a concept from traditional Chinese culture that roughly means vital energy, Information, breath or spirit.

Two sets will be taught. A morning qigong sequence and a toning and wellness sequence.

Friday Fun Day

Friday, February 7th – 1:00-3:00 - Pokeno Come and play this fun group game. If you like Bingo you will love playing Pokeno. Bring \$3.00 to play. \$1.00 will go to the Center and \$2.00 will get you a roll of nickels to use to play the game. We will play 8 rounds of the game. If you're interested in playing, please sign-up at the Welcome Desk.

Friday, February 14th – 1:00-3:00 - Right, Left, Center A fun game that requires no skill but a lot of luck and is quick to learn and easy to play. Guarantee to generate a lot of laughs. Bring \$3.00 to play. \$1.00 will go to the Center and \$2.00 will get you a roll of nickels to use to play the game. Please sign-up at the Welcome Desk

Friday, February 21st – 1:00-3:00 Movie: Judy
The recently released movie on the life of Judy Garland starring Oscar nominee Renee Zellweger.
\$1.00 donation to the Center.

Saturday, February 29th – International Dinner – India Fundraising dinner featuring a Bollywood theme. Great food, fun surprises.

VOLUNTEER Spotlight

Thank you to the Fun-Raising Committee for the International Dinner Series. The team along with Wendy Framingham and Bill Irish from For the Love of Food & Drink created this special series of fundraising dinners. Thank you for your creative vision and hard work on these incredible dinners.



January 26th Far East Dinner

Volunteer Opportunities

HELP WANTED!
Fun loving, game-lovers
wanted to help with
Friday Fun Day activities.

Saturday,
February 29th
Fundraising
dinner
featuring
a fun
Bollywood
theme.

Great food!
Fun surprises!
Amazing people!
An Incredible
Evening!
Buy your ticket
today!

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SATURDAY, FEBRUARY 29TH - INDIA
SATURDAY, MARCH 20TH - MEDITERRANEAN
SATURDAY, MAY 2ND - MEXICO, CINCO DE MAYO CELEBRATION
5PM - 7PM
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CRAFTS

Find the perfect hostess gift, new baby gift or a present for a special friend at the Wells Ogunquit Senior Center Craft Shop. Shop for beautifully hand-crafted items ideal for gift-giving or home décor.

Wells Ogunquit Senior Center Craft Shop.

Shop for beautifully hand-crafted items ideal for gift-giving or home décor.

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Every Saturday
July - Labor Day
6:30 pm.

Harbor Road, Wells

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