



Wells Ogunquit Center at Moody  
P.O. Box 987  
300 Post Road  
Wells, ME 04090

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**Senior Central**  
WHERE SENIORS SHINE

Location:  
300 Post Rd., Rt. 1  
Wells, ME 04090

Mailing Address:  
P.O. Box 987  
Wells, ME 04090

Phone: 207-646-7775

Email: wocam2016@gmail.com  
www.WellsOgunquitSeniorCenter.org  
Wells Ogunquit Center at Moody

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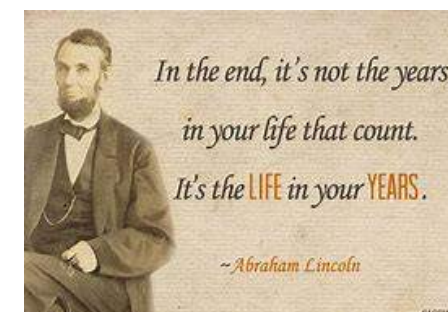
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I came across this quote and I thought I would share because I think at some point in our lives we all feel like—what’s the point? **Kindness Matters!!**

Your impact on other people is bigger than you think.  
Someone still giggles when they think of that funny thing you said.  
Someone still smiles when they think of the compliment you gave them. Someone silently admires you. The advice you give has made a difference for people. The support and love you’ve offered others has made someone’s day.  
Your input and opinions have made someone think twice. You’re not insignificant and forgotten.  
**Your existence makes a positive difference, whether you see it or not.**  
By Quotes Worth Keeping

**February Fun Facts** to ponder as we look forward to Spring.  
February is a month of celebrations. It is often thought that a groundhog can reveal how much longer winter will last. This short month provides a special time to **show affection with or without a Valentine.**  
February is also a time to celebrate leaders, past and present; presidential or simply stalwart.



“Freezing cold winds,  
Biting chills, and  
White snow fluffed hills  
Valentines day, oh how gay!  
Presidents’ Day is coming our way.  
February, sweet and small,  
greatest month of all.”  
— Eric Lies -



**Upcoming Events: Save the dates!!!**

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While continuing to use precautions we are asking you to sign in and sanitize your hands upon entering our building.

**February 5th: Days of Warming** 9am to 1pm  
A Rose and Two Thorns—Entertainment at 11:00  
Sponsored by **Wells Rotary Club**—Hostess: Jennifer Sylvester

**February 8th: 9am Nutrient class**—Sponsored by Kindred at Home.  
Feel free to come in with your questions—please sign up—there is no cost.

**February 12th: Days of Warming**—Shades of Grass is the entertainment. Sponsored by **Ogunquit Rotary Club**—Hostess: Pat Vo

**February 18th: 100 Club**—\$20 each ticket. **3-5pm**—wine, cheese, coffee, snacks reception with ticket—only 100 tickets sold!

**February 19th: Days of Warming**—Drowned Valley Band is the entertainment. Sponsored by **People’s Choice Credit Union** – Hostess: Stephanie Bennett

**February 26th: Days of Warming**—David Hollis is the Entertainment. Sponsored by **Wells Family Practice.**  
Hostess: Susan Terwilliger

**February 28th: 11-12pm—Book Club-Reviewing The Age of Innocence** – Edith Wharton (Classic) A young lawyer endures a moral struggle between passion and social conscience in old New York. Edith Wharton's elegant portrait of desire and betrayal earned her the first Pulitzer Prize for literature ever awarded to a woman.

