













# February 2023

## The Wells Ogunquit Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>***Member Birthdays</p> 	<p>In the end, it's not the years in your Life that count.</p> <p>It's the LIFE in your YEARS.</p> <p>~Abraham Lincoln</p>		<p><b>1</b></p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>2</b></p>  <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>3</b> *Lynn Watson</p> <p>9am Yoga 12-3pm Mah Jongg</p>	<p><b>4</b> * Patti Allen</p> <p><b>Days of Warming</b> Doors open at 8:45am– games 11-12pm Shades of Grass Sponsoring Group– <b>Wells Rotary Club</b> <b>Host:</b> Peter Kahn</p>
<p><b>5</b></p> <p>10am Shores Church</p> 	<p><b>6</b> *Chuck Anderson *Pat Patry *Debra Trocchi</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 2-4pm Hand and Foot Game 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>7</b> *Eileen Lessard *Ralph Minichiello *Kathy Peterson</p> <p>9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-3pm Mah Jongg lessons for beginners 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p><b>8</b> *James Neville</p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>9</b> *Jacqui Grant</p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>10</b></p> <p>9am Yoga 12-3pm Mah Jongg <b>2-4pm Valentines Day Cocktail party w/ Don on piano</b> Hosted by 207 Prime Properties</p>	<p><b>11</b></p> <p><b>Days of Warming</b> Doors open at 8:45am– games 11-12pm– Kathy &amp; Trailblazers Karaoke Sponsoring Group– <b>Ogunquit Rotary Club</b> <b>Host &amp; Hostess</b>– George &amp; Carol Hersom</p>
<p><b>12</b> *Colleen Foster *Jane Semon 10am Shores Church</p>  	<p><b>13</b></p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 2-4pm Hand and Foot Game 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>14</b> *James Calder *Brenda McDermott</p>  <p>9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-3pm Mah Jongg lessons for beginners 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p><b>15</b></p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>16</b> *Candace Cuzzi *Denise Daigle</p> <p style="text-align: center;"><b>*Full Moon</b></p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members) 4-5:30pm Board of Directors meeting</p>	<p><b>17</b> *Karen VanBuren *Sarah Holt</p> <p>9am Yoga 12-3pm Mah Jongg 3:30-5pm <b>100 Club</b> Pot luck/drawing</p> 	<p><b>18</b> *Carol Pikcilingis</p> <p><b>Days of Warming</b> Doors open at 8:45am– games 11-12pm– Shores Entertainers Sponsoring Group– <b>Wells Winter Warriors</b> <b>Hostess:</b> Rita Sevigny</p>
<p><b>19</b> *Steven Chamberlin</p> <p>10am Shores Church</p> 	<p><b>20</b></p> <p style="text-align: center;"><b>Senior Center Closed</b></p> 	<p><b>21</b> *Pat DiEredita *Pat Gallant *George Hassard</p>  <p>9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-3pm Mah Jongg lessons for beginners 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p><b>22</b> *Jeanne Wolfson</p>  <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>23</b> *S. Jean Cerroni</p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>24</b> *David Barton *Glenn Ramsdell *Ted Zuzolo</p> <p>9am Yoga 12-3pm Mah Jongg</p>	<p><b>25</b> *Lorraine Boulger *Emily Cambray</p> <p><b>Days of Warming</b> Doors open at 8:45am– games 11-12pm– Donald Bernard-Pianist Sponsoring Group– <b>Kennebunk Savings Bank</b> <b>Hostess:</b> Judy Vincent</p>
<p><b>26</b></p> <p>10am Shores Church</p> 	<p><b>27</b></p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Book Club reviewing "The Lincoln Highway-Amor Towles" 2-4pm Hand and Foot Game 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>28</b> *Colleen Hanson *Vivian Shirley</p> <p>9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-3pm Mah Jongg lessons for beginners 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p>"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."</p> <p style="text-align: center;">~Maya Angelou</p> <p>To the World you maybe one person but to one person you may be the world.</p>		