







# January 2023

## The Wells Ogunquit Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p>  <p>10am Shores Church </p>	<p><b>2</b> <b>Senior Center Closed</b></p> <p>*Michael Beaver *Charles Dupee</p>	<p><b>3</b> *Amy Anderson *Maria Reid</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night</p>	<p><b>4</b></p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>5</b> *Diane Anderson *Don Link</p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>6</b></p> <p>9am Yoga 9-12:30pm Pinochle 12-3pm Mah Jongg 12-4pm Do Your Own Thing- Quilting Social- \$5</p>	<p><b>7</b> *Raymond Dufresne *Fran Goldbach</p> <p style="text-align: center;"><b>Days of Warming</b></p> <p style="text-align: center;">Doors open at 8:45am—games 11-12pm <b>Shades of Grass</b> entertainment Sponsoring Group— <b>Wells Fire Department</b></p>
<p><b>8</b> *Patricia Battista *Jan Robinson</p> <p>10am Shores Church </p>	<p><b>9</b> *Butch Chase *Janice Sterling</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 2-4pm Hand and Foot game 1-2:30pm Beginner Line dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>10</b> *Phyllis Gordon</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-2pm MahJongg start up of training 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p><b>11</b></p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage-</p>	<p><b>12</b> *Kathy Demartini</p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>13</b></p> <p>9am Yoga 9-12:30pm Pinochle 12-3pm Mah Jongg 12-4pm Do Your Own Thing- Quilting Social- \$5</p>	<p><b>14</b> *Arlene Haskell</p> <p style="text-align: center;"><b>Days of Warming</b></p> <p style="text-align: center;">Doors open at 8:45am— games 11-12pm <b>Donald Bernard</b>—piano Sponsoring Group— <b>Summer Village</b></p>
<p><b>15</b> *Kathleen Devlin</p> <p>10am Shores Church </p>	<p><b>16</b> *Jerry Juneau</p> <p style="text-align: center;"><b>Senior Center Closed</b> <b>Martin Luther King Jr. Day</b> <i>"I Have a Dream"</i></p>	<p><b>17</b> *Donna Dyer</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-3pm MahJongg Lessons 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p><b>18</b></p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>19</b> *Margaret Rioux</p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members) 4-5:30pm Board of Director meeting</p>	<p><b>20</b></p> <p>9am Yoga 9-12:30pm Pinochle 12-3pm Mah Jongg 12-4pm Do Your Own Thing- Quilting Social-\$5</p>	<p><b>21</b> *Claudia Demartini</p> <p style="text-align: center;"><b>Days of Warming</b></p> <p style="text-align: center;">Doors open at 8:45am— games 11-12pm <b>Ray Calabro</b>—singer/guitarist Sponsoring Group— <b>Wells Town Hall</b> Welcome new Town Manager— Mike Pardue</p>
<p><b>22</b> *Anita J. Crowell *Cathy Gavin *Nancy Roman</p> <p>10am Shores Church </p>	<p><b>23</b> *Leslie Pappas</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 2-4pm Hand and Foot game 1-2:30pm Beginner Line dancing (\$3 Members, \$5 Non-Members)</p>	<p><b>24</b> *Michael Doucette</p> <p>10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-3pm MahJongg Lessons 12-4pm Rug Hooking group-\$5 1-4pm Art class w/Suzi-\$15 4-5:30pm Game Night</p>	<p><b>25</b> *David Foster</p> <p>8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage</p>	<p><b>26</b> *Jane Purpura</p> <p>10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm <b>NO</b> Improver Line dancing today</p>	<p><b>27</b> *Harry Hanson *Richie Mignosa *Maureen Strahan</p> <p>9am Yoga 9-12:30pm Pinochle 12-3pm Mah Jongg 12-4pm Do Your Own Thing- Quilting Social-\$5</p>	<p><b>28</b> *Irene Robichaud</p> <p style="text-align: center;"><b>Days of Warming</b></p> <p style="text-align: center;">Doors open at 8:45am— games 11-12pm— <b>A Rose and Two Thorns</b>— entertain Sponsoring Group— <b>Wells Police Department</b></p>
<p><b>29</b></p> <p>10am Shores Church </p>	<p><b>30</b> *Mary Landberg *Eleanor McGuire</p> <p>8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 10:30-11:30am Exercise 11-12pm Book Club—The Lincoln Highway— Amor Towles 2-4pm Hand and Foot game 1-2:30pm <b>NO</b> line dancing today</p>	<p><b>31</b> *Sharon Lopez *Nanette Scott</p> <p>9-12pm Hall rental 12-3pm Friendly Rubber Bridge 1-3pm MahJongg Lessons 12-4pm Rug Hooking group-\$5 1-4pm Art class w/ Suzi-\$15 4-5:30pm Game Night</p>	<p>“If you lose hope, somehow you lose the vitality that keeps life moving, you lose that <b>courage</b> to be, that quality that helps you go on in spite of it all. And so today I <b>still have a Dream.</b>” Martin Luther King, Jr.</p> <p>“We all get the exact same <b>365 days</b>. The only difference is what we do with them.” Hillary DePiano</p>		<p>* <b>Member Birthdays</b></p> 