

Board of Directors:

Chairperson: Kathy Chase

Vice-Chairperson:

Jennifer Sylvester

Financial Admin:

Stephanie Bennett

Assistant Financial Admin.

Larry Dyer

Secretary:

Vacant

Directors at Large:

Kathy Chase (23)

Greg Cuzzi (23)

Larry Dyer (25)

Ray Farnham (24)

George Hersom (25)

Peter Kahn (24)

Ann Lamberti (23)

Lorraine Moulton (24)

Jennifer Sylvester (23)

Director:

Rita J. Sevigny

Office Administrator:

Cathy Gavin

Office Assistant:

Lorraine Moulton

Welcome Desk Volunteers:

Taryn Allen

Bonnie Guptill

Doris Morgridge

Lorraine Moulton

Office and Lounge Open

Mon-Fri 9:00 AM – 4:00 PM

**Beautiful Function Hall
available for rent**

www.wocam.org

Yearly Membership:

\$35 Per Person

Have an idea for an Article?

Contact Rita Sevigny, Director

RitaS.WOCAM@gmail.com

Greetings Members!

The Wells Ogunquit Senior Center Board of Directors is pleased to report that our Center will finish out the calendar year 2022 finances in the black (positive)! Thank you to our member volunteer hours, participation in our fundraisers and support for our Center. Without all your help our Center could not be the success it is! Thank you!

A subcommittee to begin work on the new budget will meet on January 16th at 9:30 am to start putting together our 2023 Budget. The plan is to have a final draft budget to be voted on at the February 16th Board Meeting. Our budget is the outlined plan for our income and expenses for the coming year, as well as expected large costs in the future. For instance, Building Committee Chair, Bob Robinson, has reported that a new roof will be needed in about 10 years so, the Board will be building in a Capital Improvement plan to put funds aside each year to plan for that future expense starting in this 2023 budget. While it is the guideline for all our planned (and some built-in unexpected) purchases and programs - it is also the outline for all our Fundraising Event planning as the budget must project how we will fund our budgeted expenses.

All our meetings are open for members to come and hear what is going on behind the scenes to keep our Center functioning successfully. Our monthly Board meetings are the third Thursday of each month at 4 pm in the Center's Function Room. Join us!



Happy New Year 2023

The Wells Ogunquit Senior Center Board of Directors
Kathy Chase, Chair, Jennifer Sylvester Vice-Chair (and acting Secretary),
Greg Cuzzi, Larry Dyer, Asst. Financial Administrator, Ray Farnham, Peter Kahn
George Hersom, Ann Lamberti and Lorraine Moulton

WOSC Board Decision Announcement

The Wells Ogunquit Senior Center Is a member-owned, driven, and supported organization. As such our programs and facilities are meant for our membership. While guests are always welcome, the Board believes guests should be paying a stipend as non-members when joining us for ongoing programs or functions that happen on a daily or weekly basis. Beginning February 1, 2023, guests who are not members of our Center will pay \$1 more to participate in our programs. A list of those programs will be available by January 15, 2023. The list will be adjusted as programs are added or eliminated.

This was unanimously voted to pass by Board Members present at the 12/15/22 Board Meeting.

Regards, Kathy Chase, Board Chair



Meet Peter Kahn—
The Center's Newest Board Member

Peter has been a full-time resident of Ogunquit since 2017. He and his family have spent summers in the area since the mid-1970's. Prior to fully retiring at the start of the year, Peter was a licensed CPA for 50 years, practicing primarily as a forensic accountant.

Peter is currently Vice-Chair of the Ogunquit Budget Review Committee, as well as the Town's Board of Assessment Review. He also works for Visitor Services in the summer months assisting patrons in the various parking lots.



Baby Boomer's Blog Giving and Receiving Creates a Balanced Life January 2023

What are your plans for 2023? Are you looking to change things up, create more of what you have, look at what you can do without, or finding the balance between all of life? Yes, that's it—finding balance. I want to find a way to feel blessed, grateful and fulfilled each day. When I am giving too much or receiving too much my life feels messy. I believe when I am only giving or only receiving, I become out of rhythm with the world around me. In order for me to stay balanced in mind, body and spirit I must have equal give and take. I offer you ways to give back to our own community.

1. **Marginal Way Preservation Fund.** This Fund is a non-profit organization with its mission to build a multi-million-dollar endowment for long-term conservation and preservation of Ogunquit's popular Marginal Way. Perhaps consider...
- Donating directly as you see fit
- Engraving a name or message on a bronze plaque
- There are Donation Boxes along the Marginal Way for a spontaneous donation

2. **Clynk Bags.** Clynk started in Maine. The company saw an opportunity to launch a modern way for you to recycle. You may or may not know that there are many people who donate 5¢ returnable bottles directly – and non-directly – to the Wells Ogunquit Center at Moody. There is a drop-off barrel at the Wells Transfer Station, as well as at the Ogunquit Transfer Station. In the back of the Center parking lot there is a place to drop off your cans and bottles. Each year, the Center earns \$4,300.00 from this simple way of recycling.

However, I'd like to offer you an easier solution. A win-win for both you and the Center!
- Stop by the Front Desk at the Center and ask Lorraine for a pre-labeled Clynk bag.
Either bring the bag to Redemption Center yourself OR ask me to pick up your bag and I will bring it to the Redemption Center for you.

3. **Saint Mary's Food Pantry - Wells.** This food pantry serves low-income families, single parents, senior citizens, unemployed, working poor, and anyone else in need of assistance.
- Please call them directly to donate or volunteer at the pantry at 207-646-5605

Janine Robichaud from Soulful Pathways
Email: j9yogapractice@gmail.com



*Should auld acquaintance be forgot,
And never brought to mind?
Should auld acquaintance be forgot,
And auld lang syne.
For auld lang syne, my jo,
For auld lang syne.
We'll take a cup o' kindness yet,
For auld lang syne.*

Auld Lang Syne is a Scottish poem, thought to be composed by Scottish poet and lyricist Robert Burns in 1788. It is sung to the traditional folk tune Roud 6294. It is well known across the English-speaking world and has long been associated with New Year's celebrations, commonly played after people watch the ball drop.

Here's to a **New Year**

looking forward to more programs as time goes on in **2023**



Volunteer Opportunities:

Days of Warming – setting up the tables at 9am or
take down of tables after meal around 1pm
every Saturday

New Members to our Center -

Please Welcome:

Joan Carney
Foutunna Carreiro
Steven Chamberlin
Sheila Chase
Pat & Dale Douglas
Marcy Dzamba
Catherine Figliolini
Helen Freniere
Dan Hughes
Donna Lisbon
Gladys Schromm
Gary Tirrell

Just a Friendly Reminder for our Members...

Please check under your name on the mailing label of this Newsletter. If your expiration date has expired the date will be highlighted. Anyone at the Welcome Desk will happily help you renew your membership. Also, if you have a **change of address, tel #, or email, please let us know.** Thank you!

MISSION STATEMENT:

To promote the well-being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.



This is one opportunity you can help our Senior Center—
Recycle your bottles

***Please pick up your **Clynk bag** from Lorraine when you visit

Clynk bags can be dropped off at the Senior Center in the back of our building. Please tie up the bags so bottles don't escape.

New Year Blessing

At the sound of the tolling midnight bell
a brand new year will begin.
Let's raise our hopes in a confident toast,
to the promise it ushers in.

May your battles be few, your pleasures
many, your wishes and dreams fulfilled.
May your confidence stand in the face of
loss and give you the strength to rebuild.

May peace of heart fill all your days
may serenity grace your soul.
May tranquil moments bless your life.