

Board of Directors:

Chairperson: Kathy Chase

Vice-Chairperson:

Jennifer Sylvester

Financial Admin:

Stephanie Bennett

Assistant Financial Admin.

Greg Cuzzi

Secretary:

Vacant

Directors at Large:

Kathy Chase (23)

Greg Cuzzi (23)

Larry Dyer (25)

Ray Farnham (24)

George Hersom (25)

Ann Lamberti (23)

Lorraine Moulton (24)

Jennifer Sylvester (23)

Judy Vincent (24)

Director:

Rita J. Sevigny

Office Administrator:

Cathy Gavin

Office Assistant:

Lorraine Moulton

Welcome Desk Volunteers:

Taryn Allen

Bonnie Guptill

Doris Morgridge

Lorraine Moulton

Office and Lounge Open

Mon-Fri 9:00 AM – 4:00 PM

**Beautiful Function Hall
available for rent**

www.wocam.org

Yearly Membership:

\$35 Per Person

Have an idea for an Article?

Contact Rita Sevigny, Director

RitaS.WOCAM@gmail.com

Hello Members and Friends!

The Well Ogunquit Senior Center Board of Directors is pleased to announce two elected Directors for 2022. George Hersom was reelected to the Board for another 3-year term, and Larry Dyer was elected for the first time for a 3-year term. We appreciate all the members who took the time to vote. Here's a brief look at our two 2022 Board Members:

- George Hersom has been a member of our Center for many years, and he has volunteered countless hours for many projects and programs. George has been a Board Member for several years and is involved in much of what goes on at the Center. He is a member of the Building Committee, runs the Annual Yard Sale and, along with his wife Carol, runs the Bingo program. Congratulations George on being reelected to the Board of Directors!
- Larry Dyer has spent 40 years in the education field, teaching, coaching, as an Athletic Director, Vice-Principal and Principal. He threw his hat into the election ring for Board of Directors to give back to the Center, as well as to help in planning activities for others to enjoy. Larry plans on participating in programs such as Cribbage, and he is interested in volunteering where needed. Congratulations Larry for being elected to the Board!



The Board reports that the financial state of the Center is stable. We are optimistic that the success of the newly begun fundraising season indicates that our budget will be met, and we will have a good earnings year. Thank you to everyone who helps make that possible.

Every member is always welcome to attend a Board of Directors Meeting held the third Thursday each month from 4:00 p.m. to 5:15 p.m. in the Center's Function Room.

We are pleased that our Center Director, Rita Sevigny, is recovering at home after her fall and we wish her a speedy recovery. Rita has been communicating regularly with the Board, staff and program chairs to keep us (and her) updated. Rita is missing all her Center friends.

Please take a moment and stop in the back office to say "Hi" and "Thank you" to our Center's Office Administrator, Cathy Gavin, who has stepped up to help fill in while Rita is out. Also, a special "Thank you!" to Cathy for taking over the photography role at our recent Fashion Show when the scheduled photographer was unable to do it at the last minute.

Have a fun July!

The Wells/Ogunquit Senior Center Board of Directors:

Kathy Chase, Chair, Jennifer Sylvester, Vice-Chair, Greg Cuzzi, Asst. Fin'l. Admin., Larry Dyer, Ray Farnham, George Hersom, Ann Lamberti, Lorraine Moulton, and Judy Vincent

BABY BOOMER'S BLOG ~ July 2022 "Can I Make this Summer Last Longer?"

The other day, I was talking to a friend about how to create a long-lasting summer. It made me think of what in my life has lasted a long time, and how did I create that long lasting relationship, event, situation, conversation. sorrow and discomfort? Yes, discomfort can last just as long as joy and thrills. It's up to you to put a stop to the stress and soak up the joys. There is a church in Wells that has a sign out front that now reads: "If nothing Changes, Nothing Changes." I know it's true, that each and every day brings change. Why not embrace all the changes that this wonderful area has to give us, for example:

- Restaurants are now open later and more often.
- The sun is out longer and brighter.
- Back roads become very familiar, and my friend.
- Seasonal guests bring revenue to the local shops.
- The ocean is a warmer and swimmable.
- Flowers are amazing, gardens are flourishing with vegetables.
- Hiking trails are open, clean and dog friendly.
- Bands at The Gazebo in Wells Harbor are booming each Saturday night.
- Bingo and Saturday morning Pancake Breakfasts at the Senior Center.
- Shorts, flip-flops, tee shirts and bucket hats.
- The smell of the ocean...sound of the waves (wait...that's year-round).

Mindfulness and a beginner's mind keep me noticing all these changes.

Pick an old summer happening and look at it with a beginner's mind, you might just see something new!

"Cause a little bit of summer is what the whole year is about." – John Mayer



Janine Robichaud from Soulful Pathways
J9yogapractice@gmail.com or call 207-251-9577
Look for Zoom and a variety of in person classes at the Senior Center

Volunteer Opportunities:

Looking for volunteers for the upcoming Yearly Yard Sale on July 16th

New Members to our Center -

Please Welcome:

Allan Amoling
Sally Caddle
Linda Dermatis
Jan Haniford
Marie Iacoviello
Marjie Kennedy
Emma LaBlanc
Mary McMaster
Mary & Michael Midura
Paul Motroni
Carol Pikilingis
Helen Raynor
Doris Romsey
Karen Van Buren
Yvette Walker

Artist Take Note:

The Wells/Ogunquit Center at Moody (Senior Center) is offering the opportunity to area artists to display their artwork as follows:

2 artists per month to display up to 10

paintings (each) for a 2 month period (min) and 4 month (max per 12 month period)

Jan Feb/Mar Apr/May Jun/Jul

Aug/Sep Oct/Nov Dec/

\$25 per month per artist -

10% commission on sales.

Please contact Lisa Roderick

lwroderick@gmail.com (207) 646-2926

Just a Friendly Reminder for our Members...

Please check under your name on the mailing label of this Newsletter. If your expiration date has expired the date will be highlighted. Anyone at the Welcome Desk will happily help you renew your membership. Also, if you have a **change of address, tel # or email, please let us know.**

MISSION STATEMENT:

To promote the well-being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

This is one opportunity you can help our Senior Center—Recycle your bottles

***Please pick up your **Clynk bag** from Lorraine when you visit

Clynk bags can be dropped off at the Senior Center in the back of our building. Please tie up the bags so bottles don't escape.