




July 2021

The Wells Ogunquit Senior Center

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|---|--|---|---|
| <p>*Members</p>  | <p>"Independence Day: Freedom has its life in the hearts, the actions, the spirit of men and so it must be daily earned and refreshed – else like a flower cut from its life-giving roots, it will wither and die." – Dwight D. Eisenhower</p> | | | <p>1 9:30-12 Bridge Class (\$3 Members, \$5 non-member) 10:30-11:30 Exercise 12:30–3 Duplicate Bridge 1-2:30 Line Dancing (Improver) \$2 Members, \$5 non-member</p> | <p>2 *Brenda Catucci 9-12:30pm Pinochle 12-3 Mah Jongg</p> | <p>3 Pancake Breakfast 8am to 10am Donation \$6</p> |
| <p>4 *Jeannette Doherty *Pamela Valentinas</p>  | <p>5 *Ann Lamberti Senior Center Closed to observe holiday</p> | <p>6 *Christine M. Collins *Raymond Farnham 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly Rubber Bridge 4-5:30 Game Night</p> | <p>7 *Judy Webb 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 4:30 Doors Open for BINGO</p> | <p>8 9:30-12 Bridge Class (\$3 Members, \$5 non-member) 10:30-11:30 Exercise 1-2:30 Line Dancing (Improver) \$2 Members, \$5 non-member 12:30-3 Duplicate Bridge</p> | <p>9 *Sandy Bloom *Sheila Bowes *Joyce Iles *Jason Lipkind 9-12:30pm Pinochle 1-3pm Card making class with Warren/ samples available/stamping Supplies will be provided Donation appreciated</p> | <p>10 *Helene Roberts Pancake Breakfast 8am to 10am Donation \$6</p> |
| <p>11 *Louesa Gillespie</p> | <p>12 *Virginia Olson *Jennifer Sylvester 9am Yoga 1-2:30 pm Beginner Line Dancing \$2 Members, \$5 non-member</p> | <p>13 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly Rubber Bridge 4-5:30 Game Night</p> | <p>14 *Donna O'Brien 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 4:30 Doors Open for BINGO</p> | <p>15 *Ronald Allen *Marilyn Ludden 9:30-12 Bridge Class (\$3 Members, \$5 non-member) 10:30-11:30 Exercise 12:30–3 Duplicate Bridge 1-2:30 Line Dancing (Improver) \$2 Members, \$5 non-member</p> | <p>16 *Sheena Allara 9-12:30pm Pinochle 12-3 Mah Jongg</p> | <p>17 Yard Sale 8am to 1pm Pancake Breakfast 8am to 10am Donation \$6</p> |
| <p>18 *Micheline Coulson *Shirley Hingston *Phil Martin</p> | <p>19 *Beverly Link 9am Yoga 1-2:30 pm Beginner Line Dancing \$2 Members, \$5 non-member</p> | <p>20 *Joanne Colley *Lorraine Dube *Gary Singer 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly Rubber Bridge 4-5:30 Game Night</p> | <p>21 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 4:30 Doors Open for BINGO</p> | <p>22 9:30-12 Bridge Class (\$3 Members, \$5 non-member) 10:30-11:30 Exercise 12:30-3 Duplicate Bridge 1-2:30 Line Dancing (Improver) \$2 Members, \$5 non-member</p> | <p>23 Full Moon 9-12:30pm Pinochle 12-3 Mah Jongg</p> | <p>24 *Marlene McAvoy *Carol Staples Pancake Breakfast 8am to 10am Donation \$6</p> |
| <p>25 *John Olson</p> | <p>26 9am Yoga 1-2:30 pm Beginner Line Dancing \$2 Members, \$5 non-member</p> | <p>27 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly Rubber Bridge 4-5:30 Game Night</p> | <p>28 *Frank Card 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 4:30 Doors Open for BINGO</p> | <p>29 9:30-12 Bridge Class (\$3 Members, \$5 non-member) 10:30-11:30 Exercise 12:30-3 Duplicate Bridge 1-2:30 Line Dancing (Improver) \$2 Members, \$5 non-member</p> | <p>30 *Judie Hosseini 9-12:30pm Pinochle 12-3 Mah Jongg</p> | <p>31 Blueberry Fair 8-Noon  Pancake Breakfast 8am to 10am Donation \$6</p> |