

June 2023

The Wells Ogunquit Senior Center



**Plant the Seeds of
Kindness—
Reap what you sow**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>You've gotta dance like there's nobody watching, Love like you'll never be hurt Sing like there's nobody listening, And live like it's heaven on earth."</p>			<p>1 *Sandy Sarmanian *Mary Saucier 9:15-12 Private Bridge Class (\$3 Members, \$5 Non-Members) 10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>2 9am Yoga 9am Pinochle 11:30-2:30pm Mah Jongg 1pm Dominos</p>	<p>3 *Joyce Viecelli 8-10am Pancake Breakfast</p>
<p>4 *Karen Gagnon</p>	<p>5 8:30am Meditation 9-9:45am Yoga 9:45am Chair Yoga 11am Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 2-4pm 45's card game w/ Jerry 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>6 *Anne Maragus 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night</p>	<p>7 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm-BINGO</p>	<p>8 *Betty Ann Mayer 9:15-12 Private Bridge Class (\$3 Members, \$5 Non-Members) 10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members) 3pm set up for Fashion Show</p>	<p>9 *Pam Kryskow 11am Fashion Show fundraiser Featuring- Kiki's of Perkins Cove</p>	<p>10 8-10am Pancake Breakfast</p>
<p>11 *Carolyn Parks *Marianne Sheehy *Carlene Winn</p>	<p>12 8:30am Meditation 9-9:45am Yoga 9:45am Chair Yoga 11am Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 2-4pm 45's card game w/ Jerry 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>13 *Donna Prokos * Holly Szydlo 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night</p>	<p>14 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm-BINGO</p>	<p>15 *Karin Daley *Tom Hurley *Susan Terwilliger 9:15-12 Private Bridge Class (\$3 Members, \$5 Non-Members) 10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members) 4-5:30pm Board of Directors</p>	<p>16 *Mary Midura *Gail Trust 9am Yoga 9am Pinochle 11:30-2:30pm Mah Jongg 11am Corn Hole challenge-MEN only 12pm Men's luncheon-Pizza & Beer Sign up and donation of \$5 per member 1pm Dominos 3:30-5:30pm 100 Club— potluck</p>	<p>17 *Gary Tirrell 8-10am Pancake Breakfast</p>
<p>18 *Diane Violetter</p>	<p>19 *Helen Freniere 8:30am Meditation 9-9:45am Yoga 9:45am Chair Yoga 11am Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 2-4pm 45's card game w/ Jerry 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>20 *Joan Marks *Genevieve Steward 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night</p>	<p>21 *Diane MacDonald *Frank Szydlo 1st day of Summer 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm-BINGO</p>	<p>22 *Richard Driver *Pamela Higgins 9:15-12 Private Bridge Class (\$3 Members, \$5 Non-Members) 10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>23 *Rose Jenkins 9am Yoga 9am Pinochle 10-11am Intro to Yoga cost \$5 11:30-2:30pm Mah Jongg 1pm Dominos</p>	<p>24 8-10am Pancake Breakfast</p>
<p>25 Plant the Seeds of Kindness— Reap what you sow</p>	<p>26 8:30am Meditation 9-9:45am Yoga 9:45am Chair Yoga 11am Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 2-4pm 45's card game w/ Jerry 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>27 *Diane Tobio 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night</p>	<p>28 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm-BINGO</p>	<p>29 9:15-12 Private Bridge Class (\$3 Members, \$5 Non-Members) 10:30-11:30 Exercise 11-3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members)</p>	<p>30 *George Hersom 9am Yoga 9am Pinochle 11:30-2:30pm Mah Jongg 1pm Dominos</p>	<p>*Members Birthdays </p>