

Board of Directors:

Chairperson: Kathy Chase

Vice Chairperson:

Jennifer Sylvester

Financial Admin:

Stephanie Bennett

Assistant Financial Admin.

Greg Cuzzi

Secretary:

Vacant

Directors at Large:

Kathy Chase (23)

Greg Cuzzi (23)

Ray Farnham (24)

George Hersom (22)

Ann Lamberti (23)

Lorraine Moulton (24)

Jennifer Sylvester (23)

Sue Terwilliger (22)

Judy Vincent (24)

Director:

Rita J. Sevigny

Office Administrator:

Cathy Gavin

Office Assistant:

Lorraine Moulton

Welcome Desk Volunteers:

Taryn Allen

Bonnie Guptill

Doris Morgridge

Lorraine Moulton

Office and Lounge Open

Mon-Fri 9:00 AM – 4:00 PM

Yearly Membership:

\$35 Per Person

**Beautiful Function Hall
available for rent**

www.wocam.org

Have an idea for an Article?
Contact Rita Sevigny, Director

Hello Members!

The WOCAM Board of Directors reports that our bills for the first quarter were higher than usual because of the tree cutting project completed this winter. However, each winter we plan for normal expenses and lower income by utilizing Bingo funds that cannot pay for food for resale, nor salaries, but can be used for heat, cleaning, utilities, office expenses and (this year) the cutting of trees. The negative budget of the first quarter is normal for any businesses in a seasonal region, and planning for it (as we have done) was a successful course of action. We have paid our bills and the Center is good financially.

The great news is winter is over! We are entering our busy time of year and our Center will be full and active! While the Center is open and we work year round, it is in the spring, summer and fall seasons that most of our fundraising occurs. Bingo will begin in May and volunteers to help with Bingo and food service are lined up. And, we are pleased that all the pancake teams are coming back for our weekly breakfasts starting in June. Additionally, our Pie & Plant Sale, Yard Sale, three Fairs, Fashion Show, Raffles, and a Golf Tournament are some other events that will be held over the next six months. Volunteers are our Heroes here at the Center.

Without all of you who come forward to help, our Senior Center could not exist – Period!

Thank you from all of us on the Board. Please remember to thank someone who is volunteering at an event or program you attend.

They are the reason for our success!

Don't forget that elections to the Board of Directors (this year there are two seats up for renewal) will be held at the June 16th Annual Board of Directors and Members Meeting. Voting for the candidate of your choice will begin Monday, **June 13th** and will end at the beginning of the Annual Meeting on June 16th. The Nomination Committee will count the votes as the first order of business and report the successful candidates at the meeting. Newly elected Members will then join the Board for the remainder of that meeting. Don't forget to join us at that meeting!

Have a great May everyone!!!

The Wells/Ogunquit Senior Center Board of Directors
Kathy Chase, Chair, Jennifer Sylvester, Vice-Chair,
Greg Cuzzi, Assistant Financial Administrator,
Ray Farnham, George Hersom,
Ann Lamberti, Lorraine Moulton,
Susan Terwilliger and Judy Vincent



BABY BOOMER'S BLOG Birds and Bloom

Are you a gardener? Are you a bird watcher? Let's put these two together and see what happens. Plants and Birds – Birds and Plants.

I love attracting birds to my yard with plants. I keep a variety of flowers, shrubs and trees that provide interesting textures and scents. I used to fill my gardens with lots of annuals, but now I create a variety of plants by mixing the perennials with the annuals.

I love waking up to the chirping, whistling and the singing of feathery friends. And, a little side note, they are a sign of a healthy ecosystem. Mixing the annuals and perennials with keep attracting the birds as each group of flowers bloom and produce seeds. If you enjoy cut flowers as well as the bird watching, plant enough for both!

Annual flowers that attract birds:

Amaranth
Calendula
Cosmos
Marigold
Sunflowers
Zinnia

Perennial flowers that attract summer birds:

Bee Balm
Blacked-Eyed Susan
Coral Bells
Coreopsis
Echinacea
Yarrow

Janine Robichaud from Soulful Pathways
j9yogapractice@gmail.com or call 207-251-9577
Look for Zoom and in-person classes at the Senior Center.

Janine will be offering a 6 week Yoga Series to rekindle tranquility, peacefulness and a joyful heart through a yoga, meditation and breath-work.



Volunteer Opportunities:

Plant & Pie Fair: May 28th-9-Noon
Plants for fair/ Bird houses for fair
Pies for fair

New Members to our Center -

Please Welcome:

Dianne Howard
Diane MacDonald
Rose Morrow
James & Maria Neville
Teri Orefice
Leslie Pappas
Chris Spader
Judy Whitbread

Artist Take Note:

The Wells/Ogunquit Center at Moody (Senior Center) is offering the opportunity to area artists to display their artwork as follows:

2 artists per month to display up to 10 paintings (each) for a 2 month period (min) and 4 month (max per 12 month period)
Jan Feb/Mar Apr/May Jun/Jul
Aug/Sep Oct/Nov Dec/
\$25 per month per artist -
10% commission on sales.
Please contact Lisa Roderick
lwroderick@gmail.com (207) 646-2926

Just a Friendly Reminder for our Members...

Please check under your name on the mailing label of this Newsletter. If your expiration date has expired the date will be highlighted. Anyone at the Welcome Desk will happily help you renew your membership. Also, if you have a **change of address, tel # or email, please let us know.**
Thank you!

***** We have had a hiccup with Mailchimp. If you haven't received any of my weekly emails please let Cathy Gavin or myself know so we can get you reconnected to our email list.**

MISSION STATEMENT:

To promote the well-being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.

This is one opportunity you can help our Senior Center—Recycle your bottles

***Please pick up your **Clynk bag** from Lorraine when you visit

Clynk bags can be dropped off at the Senior Center in the back of our building. Please tie up the bags so bottles don't escape.