May 2023 The Wells Ogunquit Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 *Nancy Riley	2 *Linda Kilgour	3 *Lisa Roderick *Regina Stone	4 *Joana Botolino	5 *Ron Arsenault	6 *Susanne McCarthy *Thomas Roderick
*Members Birthdays Happy Birthday!	8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 2-4pm 45's card game w/ Jerry 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)	 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 1-2pm Wine Committee meeting– looking for members to assist 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night 	8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm- BINGO	10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members)	*Ed Daley *Marilyn King 9am Yoga 9am Pinochle 10-11 am Moving to Richard Simmons 11:30-2:30pm Mah Jongg 1pm Dominos	
7 10am Shores Church	 8 *Elaine Moesel 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 2-4pm 45's card game w/Jerry 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members) 	9 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night	10 *Kathy Blackmer *Pauline Harrima 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm - BINGO	 11 *Dick Bishop 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members) 	12 *Paul Motroni SENIOR CENTER CLOSED Floor stripping and waxing!!!	13 *Beverly Dufresne *Gerry Patry
14 *Audrey Gostanian	15 *Elaine Blum *John Goodrich8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Scrabble 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)	16*Patricia Kriensky * Monica Tupper9-10am Healthy Choices group 10am-12pm Ladies Brunch w/making unique bracelet—RSVP—\$5 Members/ \$8 non member-limit 30 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night	 17 *Michele Davies *Mark Higgins *Ofelia Navarrete *Patricia Theriault 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm -BINGO 	18 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members) 4-5:30pm Board of Directors Meeting	19 *Susan Franklin *Patrice Vo 9am Yoga 9am Pinochle 10-11 am Moving to Richard Simmons 11:30-2:30pm Mah Jongg 1pm Dominos	20 Plant & Pie & Craft fair 9am to Noon
21 *Joan Graham *Linda Small 10am Shores Church	22 *Louise Hansen 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 11-12pm Monthly Book Club 11-12:30pm BEGINNER Line dancing 1-4pm Hand and Foot Game 1-2:30pm Improver Beginner Line Dancing (\$5 Members, \$7 Non-Members)	23 *Ellie Flavin 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night	24 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm - BINGO	25 *Dorothy Canavan *Wendy Ferns *Bernice German *Joan Marks 10:30-11:30 Exercise 11–3pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$5 Members, \$7 Non-Members)	26 *Nancy Tuscano 9am Yoga 9am Pinochle 10-11 am Moving to Richard Simmons 11:30-2:30pm Mah Jongg 1pm Dominos	27
28 *Kerry Ellen Enright *Jack Newell *Norma Turnbull 10am Shores Church		30 *MaryLee Maldonis 9-10am Healthy Choices group 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 1-4pm Art class w/Suzi 12-4pm Rug Hooking group-\$5 4-5:30pm Game Night	31 *Nancy Masteller *Carla Mueller 8:30am Meditation 9am Yoga 11:30-2:30pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm BINGO	"Be the reason some Be the reason someone believes in the good Roy T. Bennett , <u>The L</u>	feels loved and dness in people."	Calendar subject to change without notice!!!