





October 2022

The Wells Ogunquit Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	* Members Birthdays 		I am only one, but still, I am one. I cannot do everything, but still, I can do something; and because I cannot do everything, I will not refuse to do something that I can do. – Helen Keller			1 *Nancy Harris
2 *Marilyn Boisvert	3 *William Strahan 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play "45's" w/Jerry	4 *Jackie Powers 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 12-4pm Hooking group 4-5:30pm Game Night!!	5 *Earl Sloboda 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm BINGO!	6 *Constance Day 10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)	7 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg	8 *Maureen Brown *Gary Dunn *Robert Marlowe
9 *Oliver Paolucci Full Moon	10 Senior Center Closed 	11 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 12-4pm Hooking group 4-5:30pm Game Night!!	12 *Midge Farrell *Marla Moody 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm BINGO!	13 *Donna Bouchard *Lee Wernick 10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)	14 *Joe Mauro *Bill Webb 9am Yoga 9-12:30pm Pinochle Lunch & Learn 11-1pm Pasta meal made by Carol & Peg 1:30pm Medicare education with Kathleen—Registration required 12-3 Mah Jongg	15 *Mary Cormier *Adrienne Grant
16 *Faith Coye *Judith Doe *Marcia Loranger *Richard Moraes *Ronald Tanguay	17 *Mary Ann McMaster *Patricia Stevens *Ansie Stuart *Carol Varano 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play "45's" w/Jerry	18 *Lee Boudrot 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 12-4pm Hooking group 1-4pm Art Classes w/Suzie (Donation- \$15) 4-5:30pm Game Night!!	19 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm BINGO!	20 10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members) 4-5:30pm Board of Directors	21 *Peg Noonan 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg 3:30-5pm 100 Club Wine, meatballs, & light snacks w/ purchase of a ticket	22 *Barbara McCabe  Pumpkin Fair 9am-Noon Craft/Pie Fair Pumpkin Decoration Contest Applications available at front desk
23 *Stuart Tacy	24 *William Martel 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play "45's" w/Jerry	25 *Peter Cornell 10:30-11:30am Exercise 12-3pm Friendly Rubber Bridge 12-4pm Hooking group 1-4pm Art Classes w/Suzie (Donation- \$15) 4-5:30pm Game Night!!	26 8:30am Meditation 9am Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft Room 1-3pm Cribbage 6pm BINGO!	27 *Jan Haniford 10:30-11:30 Exercise 12-4pm Duplicate Bridge 1-2:30pm Improver Line Dancing (\$3 Members, \$5 Non-Members)	28 *Judy King 9am Yoga 9-12:30pm Pinochle 12-3 Mah Jongg	29 *Greg Cuzzi *Dianne Howard
30 Tech Class 1-3pm Individual assistance Sign up required	31 8:30am Meditation 9-9:45am Yoga 9:45pm Chair Yoga 1-2:30pm Beginner Line Dancing (\$3 Members, \$5 Non-Members) 1-3pm Learn how to play "45's" w/Jerry 	October had tremendous possibility. The summer's oppressive heat was a distant memory, and the golden leaves promised a world full of beautiful adventures. They made me believe in miracles.” Sarah Guillory, <i>Reclaimed</i>		