




OCTOBER 2020 WELLS OGUNQUIT SENIOR CENTER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Due to Covid-19 Please remember to wear face mask and always wash your hands Thank you</p>		<p>"October had tremendous possibility. The summer's oppressive heat was a distant memory, and the golden leaves promised a world full of beautiful adventures. They made me believe in miracles." Sarah Guillory, <i>Reclaimed</i></p>		<p>1 Full Moon Nancy Harris 10:45-11:45 Exercise</p>	<p>2 Marilyn Boisvert Kathy McHugh 12-3 Mah Jongg</p>	<p>3 Bettie Hirshom</p>
<p>4</p> 	<p>5 Richard Squillace 1-2:30 pm Line Dancing 6-7pm Yoga</p>	<p>6 Cindy Connelley 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night</p>	<p>7 Ann Hurd 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo</p>	<p>8 Maureen Brown Gary Dunn Robert Marlowe 9am Exercise 12pm Senior Luncheon cooked by Gene Glennon \$10 donation -RSVP</p>	<p>9 Ruth Brother Oliver Paolucci 12-3 Mah Jongg 1-2:30 Line Dance</p>	<p>10 Sally Chadam</p>
<p>11 Nita Casey Lesley Glidden Gen Sweeney Jeannette Welch 2:30 Discussion group w/Ray F.</p>	<p>12 Midge Farrell Marla Moody Center closed for Columbus Day 6-7pm Yoga</p>	<p>13 Donna Bouchard Lee Wernick 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night</p>	<p>14 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo</p>	<p>15 Mary Cormier 10:45-11:45 Exercise 1-2:30 Line Dancing 4pm Board of Director meeting</p>	<p>16 Faith Arnold Marcia Loranger Richard Moraes 12-3 Mah Jongg 5-7pm -100 Club</p>	<p>17 Mary Ann McMaster Patricia Stevens Carol Varano Constance Yena</p>
<p>18 Lee Boudrot Jo-Ann Cucinotta Sandra MacDougall</p>	<p>19 1-2:30 pm Line Dancing</p>	<p>20 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night</p>	<p>21 Peg Noonan 11-1pm As You Like It 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo</p>	<p>22 Barbara McCabe 10:45-11:45 Exercise 1-2:30 Line Dancing</p>	<p>23 12-3 Mah Jongg</p>	<p>24 PJ Guilmette William Martel Pumpkin & Pie Fall Festival 9-Noon</p>
<p>25 Monica Brzezinski Peter Cornell Joyce Herrmann</p>	<p>26 11-12pm Book Club 1-2:30 pm Line Dancing</p>	<p>27 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night</p>	<p>28 Judy King 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo</p>	<p>29 Greg Cuzzi 10:45-11:45 Exercise 1-2:30 Line Dancing</p>	<p>30 12-3 Mah Jongg</p> 	<p>31</p> 