#### **Board of Directors:**

**Chairperson:** Kathy Chase Vice Chairperson: Rav Farnham **Financial Admin:** Stephanie Bennett Secretary: Jean Beattie

#### Directors at Large:

Jean Beattie (22) George Hersom (22) Stephanie Bennett (21) Ray Farnham (21) Lorraine Moulton (21) Kathy Chase (23) Ann Lamberti (23) Greg Cuzzi (23) Jennifer Sylvester (23)

### **Outreach Coordinator: Rita Sevigny**

Administrative Assistant: Cathy Gavin

### Office Assistant: Lorraine Moulton

### Welcome Desk Volunteers: **Bonnie Guptill** Doris Morgridge Lorraine Moulton

Office and Lounge Open Mon-Fri 9:00 AM - 4:00 PM

Membership: \$30 Single / \$50 Couple

## **Beautiful Function Hall** available for rent www.wocam.org

Idea for an Article? **Contact Rita Sevigny** RitaS.WOCAM@gmail.com

# **October is recognition of Volunteers**

Our Senior Center wouldn't survive without the volunteers helping daily. Thanks to everyone that has come in during these trying times! We will be having a gathering this upcoming month- you will be notified as to when. The date hasn't been determined as of vet.

Volunteering is about looking at a place that needs help, and working towards finding a solution as a team. Volunteering is centered around the idea that if people get together, they can make a huge difference. The idea of volunteering goes way back

in history! Volunteers are seldom paid; not because they are worthless, but because they are PRICELESS! -Unknown

I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do. - Helen Keller

Volunteers do not necessarily have the time; they just have the heart. – Elizabeth Andrew



## Meet Cathy Gavin, Administrative Assistant at the **Wells Ogunguit Senior Center**

Cathy grew up in Massachusetts where she worked in administration at a nursing shoe manufacturer, Exxon Corp., and the Seabrook Nuclear Power Plant. After moving to Maine in 1990 with her husband, Jim, and their two children, Cathy worked as

the assistant to the CFO & COO at Prime Tanning (a leather tannery), then as Office Manager at the Law Offices of Ott & Clark in York - which later grew to a five partner law firm. She was recruited to work for the CEO, COO & CFO at York Hospital, and then moved on to the Portsmouth Naval



Shipyard in Kittery where she retired last January as an I.T. Specialist.

Cathy has two granddaughters (ages 5 & 7), both of whom recently toured the Center, and we were glad to learn they gave their approval. Cathy enjoys spending lots of time with family and friends, swimming in

Quest Fitness's salt water pool, bowling (pre-pandemic), and creating online photo books.



**October**, autumn comes into full swing. Let's get in the mood! Learn why it's called October, what's happening this month, October gardening tasks, the fall baking season, the full Harvest and Hunter's Moons, folklore, and more!

## **October 2020 Brings Two Full Moons**

The first full Moon of fall-in this case, the Harvest **Moon**—will appear on Thursday, October 1.

Later in the month, on Saturday, October 31 (Halloween), the second full Moon appears. This is the **Hunter's Moon**, which will be special for two reasons: it's a rare Halloween full Moon and

a Blue Moon!

## The Leaves They Are a-Changin'

With the autumnal equinox in late September, foliage season has officially begun across much of the U.S. Did you know that the foliage color is trigged by the amount of daylight (not weather)?



Due to COVID 19, please remember to wear face masks. We have several masks available in the lobby for a donation and always remember to wash your hands. Stay safe! Lastly, please sign in when entering the Center - there is a sign in sheet at the door. Thank you!!



# **Volunteer Opportunities**

Bingo – Wednesdays 4:30-8:30pm.

## Fundraising Committee meeting on

October 8th, 3pm Bakers needed for October 24th **New Members** Nancy Simpson Judie & Rana Hosseini

Pumpkin—Pie Fall Festival



## Just a Friendly Reminder...

Please check your address label on the mail panel of this Newsletter— if your expiration date has expired the date will be highlighted. Anyone at the Welcome Desk will happily help you renew your membership. Also, if you have a change of address, tel .# or email, please let us know.

Thank you