





September 2020 The Wells Ogunquit Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	**Member Birthdays 	1 Ellen Aromando Diane Fortier 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night	2 Full Moon 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo	3 Polly Baston 10:45-11:45 Exercise 1-2:30 Line Dancing	4 Leila Kupper 12-3 Mah Jongg	5 8-10 Pancake breakfast
6 Jim Fitzgerald	7 Blanche Feinberg Susan Ferguson 	8 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night	9 Sandra Weiner 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo	10 Sally Parker 10:45-11:45 Exercise 1-2:30 Line Dancing	11 Bonnie Guptill Susanne McCarthy Carol Purcell 12-3 Mah Jongg	12 8-10 Pancake breakfast Quilt Raffle winner drawn
13 Happy Grandparents Day 	14 Marilyn Earle Paul Eichelroth 1-2:30pm Line Dancing 6-7pm Yoga	15 Lorraine Shaughnessy Elinor Toth 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night	16 Sue Bauer Gail Lamont 11-1pm As you like it 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo	17 Claire Lester 10:45-11:45 Exercise 1-2:30 Line Dancing 4pm Board of Director Meeting	18 Elizabeth Ash Theresa Pignata 12-3 Mah Jongg	19 8-10 Pancake breakfast
20 Dolores King	21 Stephanie Bennett 1-2:30pm Line Dancing 6-7pm Yoga	22 First day of Fall Vito Digianni Wendy Broms Levine 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night	23 Nan Kranes Agnes McNamee 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo	24 Susan Collier Susan Iferd Patricia McDermott Suzanne Wiggins 10:45-11:45 Exercise 1-2:30 Line Dancing	25 Carol Need 12-3 Mah Jongg	26 8-10 Pancake breakfast
27	28 11-12 Book Club 1-2:30pm Line Dancing 6-7pm Yoga	29 David Norton 8:30-10am Weight Watches 10:30-11:30 Exercise 12-3 Friendly rubber bridge 4-5:30 Game Night	30 Linda Dermatis 9am Hatha Yoga 9:45 Chair Yoga 12-3pm Mah Jongg 12:30-2:30pm Craft room 1-3pm Cribbage 4:30 Doors open for Bingo	<p>The happiest people I know are not those who find their golden ticket; they are those who, while in pursuit of worthy goals, discover and treasure the beauty and sweetness of the everyday moments. They are the ones who, thread by daily thread, weave a tapestry of gratitude and wonder throughout their lives. These are they who are truly happy.”</p> <p align="center">Author: Dieter F. Uchtdorf</p> 		Due to Covid-19 Please remember to wear face mask and always wash your hands Thank you