





Wells Ogunquit Center at Moody
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Wells, ME 04090

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Upcoming events

- Bingo – Wednesday’s** doors open at 4:30 starts at 6pm
- Pancake Breakfast – Every Saturday** 8-10am
- Weight Watchers – Every Tuesday** 8:30-10am
- Quilt Raffle – drawing date**
September 12th
\$5 each or 3 for \$10 drawing
- Book Club –September 28th** 11-12pm



Cash Calendar will be our new raffle for September! \$5 per ticket or 3 for \$10. Daily drawings will be pulled throughout the month of October. You have 30 chances to win with each ticket, and winning ticket will go back into bucket which increases your odds for winning more than once!!

Annually, we sponsor an ongoing collection of cans and bottles which are recycled through the CLYNK program. Center Member, Lorraine Moulton, spearheads this effort and has raised more than \$8,000 annually to help add funds to The Center account. A trailer is in the back of the Center parking lot for people to drop off bags of bottles and cans for recycling. As your guests leave collect those empties and bring them down. Better yet, come help Lorraine with the sorting! And, as always, THANKS! -K



A Message from Rita Seigny, Outreach Coordinator

As Labor Day soon approaches, it signals the end of summer. I begin to reflect on how making changes can benefit not only yourself, but your family as well. I used to work a lot of weekends in my past employment and I have realized these past two months working here at WOCAM, that reconnecting with family, and taking the time for what matters, makes working enjoyable. As the quote in the calendar states, ‘weaving a tapestry of gratitude’ throughout your life is more important than all things in life. My goal is to live life to the fullest and make lasting memories along the way. It is our memories of loved ones that keep them alive in our hearts.

This past week, while on vacation I worked on a Memorial quilt for a dear friend that suddenly lost her husband. The quilt is made with material from his shirts. I know when I complete this quilt, my friend will hug it as she hugged her husband. Being able to give her some remembrance of him brings me joy.

So, while you go through your day, please remember to be kind to others because you never know what they are going through. Enjoy your days for it is the little things in life that truly matter.

Come on into the Center to socialize and connect with friends while playing games, dancing or exercising. I would also love to get to know you, please feel free to stop by to chat my door is always open.

Have a wonderful month of September as we get ready for my favorite season—Fall.



MISSION STATEMENT: To promote the well being of Senior Citizens in Wells and Ogunquit, regardless of sex, creed, race, religion, or the ability to pay.